

Westwoods Health Club at Fettes Day Care of Children

7 Westwoods
Edinburgh
EH4 1RA

Telephone: 0131 332 5777

Type of inspection:

Unannounced

Completed on:

5 March 2019

Service provided by:

Fettes Enterprises Limited

Service provider number:

SP2003003295

Service no:

CS2003014230

About the service

This service has been registered since 2002.

Westwoods Health Club at Fettes is registered to provide care for up to 15 children aged birth - five years, whose parents are members of Westwoods Health Club at Fettes. Parents who use the service remain in the health club or in the grounds surrounding the building. There is a maximum period of three hours care for any one child. The service is situated within the premises of the Westwoods Health Club within the grounds of Fettes College, Edinburgh. The children are cared for in a large playroom and have access to the College grounds, toilet and nappy changing facilities.

The service has a set of aims which include to:

"Provide a creative, stimulating, welcoming and safe environment for all children."

The Care Inspectorate is committed to improving the health and wellbeing of all children receiving a care service. We want to ensure they have the best start in life, are ready to succeed and live longer, healthier lives.

We check services are meeting the principles of Getting it right for every child (also known as GIRFEC). Set up by Scottish Government, GIRFEC is a national approach to working in a consistent way with all children and young people. It is underpinned by the principles of prevention and early intervention. The approach helps services focus on what makes a positive difference for children and young people - and what they can do to improve.

Getting it right for every child is being woven into all policy, practice, strategy and legislation that affect children, young people and their families.

There are eight wellbeing indicators at the heart of Getting it right for every child. They are: safe, healthy, achieving, nurtured, active, respected, responsible, and included. They are often referred to as the SHANARRI indicators. We use these indicators at inspection, to assess how services are making a positive difference for children.

We visited the service over two days on the first day eight babies and children attended on a part time basis.

What people told us

The families we spoke with told us they were happy with the quality of care provided in the crèche. Some of the comments are recorded below:

"We've used the service for three years and are very happy."

"It's a very good crèche."

"Staff are always happy and caring."

Self assessment

The service had not been asked to complete a self-assessment in advance of the inspection. We looked at their quality assurance paperwork. These demonstrated their priorities for development and how they were monitoring the quality of the provision within the service.

From this inspection we graded this service as:

Quality of care and support	4 - Good
Quality of environment	not assessed
Quality of staffing	not assessed
Quality of management and leadership	4 - Good

What the service does well

Most of the children attending the crèche were settled and happy throughout our visits. Staff were responsive to the babies and children's needs helping them to feel safe. The children enjoyed a variety of play opportunities which would support them to explore, be creative and problem solve. The babies were exploring in an area of the crèche which had resources which were age and stage appropriate. The service provided soft cosy spaces for children to rest and relax in.

Children had regular opportunities to play in the sports hall and outside helping them to be active and stay healthy.

The children had individual care plans which were developed with families when children started at the service. These had records of children's likes dislikes and individual routines helping staff to meet their needs and provide consistency of care for the children.

The service gathered feedback from families through regular questionnaires and daily discussions. We saw that they used feedback to change and improve the service.

The service had an improvement plan which was developed using children, families and staff feedback.

The service included staff in developing the service through regular staff meetings. The staff team told us they had regular meetings with their managers to help them identify their training needs and celebrate their good practice. Staff told us this helped them feel valued.

What the service could do better

The service had care plans in place for children, however these could be developed to ensure that staff had up to date information about the children to ensure their safety.

See recommendation one.

The children did not access the outdoors every day. We discussed how the service could develop this further to give children more frequent and more engaging outdoor activities to support their individual development.

See recommendation two.

We discussed how staff could continue to develop their use of language in the service to ensure that children developed a positive self image. We also discussed strategies they could use to communicate more effectively with children who are non verbal or have English as a second language, for example introducing signs, pictures and symbols in the environment and considering the use of hand signs to support effective communication.

The children had to be taken out of the main door and round a corridor to access the toilet and changing facilities. The service could consider how this is managed to allow children to access the toilets more independently.

We spoke about developing the child-led play in the service to reduce how adult-led routines disrupt children's play.

The self-evaluation used in the service could be developed further to support staff to critically reflect on best practice and identify actions to take forward in the service and improve outcomes for children.

The service stated that they planned to review their policies and procedures, we discussed prioritising the medication policy and whistleblowing policy to ensure children's safety in the service.

Requirements

Number of requirements: 0

Recommendations

Number of recommendations: 2

1. It is recommended that the service ensure that children's personal plans are reviewed and updated whenever there is a significant change and at least every six months.

This is to ensure that care is provided in accordance with the Health and Social Care Standards which state that: "1.15 My personal plan (sometimes referred to as a care plan) is right for me because it sets out how my needs will be met, as well as my wishes and choices."

2. It is recommended that the service develop their plans to ensure that children have the choice to play outdoors daily.

This is to ensure that care is provided in accordance with the Health and Social Care Standards which state that: "1.25 I can choose to have an active life and participate in a range of recreational, social, creative, physical and learning activities every day, both indoors and outdoors."

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

What the service has done to meet any requirements we made at or since the last inspection

Previous requirements

There are no outstanding requirements.

What the service has done to meet any recommendations we made at or since the last inspection

Previous recommendations

Recommendation 1

We recommend that the staff should ensure personal plans are in place for all children regularly using the service. These should be updated every six months or before to meet any necessary changes.

National Care Standards early education and childcare up to the age of 16 Standard: 3 Health and wellbeing.

This recommendation was made on 15 March 2015.

Action taken on previous recommendation

There were appropriate plans in place however some were out of date due to the current system which was not effective. We advised the manager of an alternative system that would ensure each child's information was updated at least every six months.

This recommendation was not met and has been carried forward.

Recommendation 2

We recommend the provider should obtain the nappy changing guidance from Care Inspectorate website and they should use the guidance to develop 'nappy changing procedures' for the creche. These should be displayed within the nappy change area for staff and parents/carers to follow.

National Care Standards early education and childcare up to the age of 16 Standard: 3 Health and wellbeing.

This recommendation was made on 15 March 2015.

Action taken on previous recommendation

These procedures had been obtained and were displayed in the changing area. Staff were following the procedures.

This recommendation was met.

Inspection and grading history

Date	Type	Gradings
6 Feb 2017	Unannounced	Care and support 5 - Very good Environment Not assessed Staffing Not assessed Management and leadership 4 - Good
5 Mar 2015	Unannounced	Care and support 5 - Very good Environment 5 - Very good Staffing 5 - Very good Management and leadership 5 - Very good
6 Mar 2013	Unannounced	Care and support 5 - Very good Environment 5 - Very good Staffing 5 - Very good Management and leadership 5 - Very good
5 Nov 2010	Unannounced	Care and support 5 - Very good Environment Not assessed Staffing Not assessed Management and leadership Not assessed
11 Mar 2010	Unannounced	Care and support 5 - Very good Environment Not assessed Staffing 5 - Very good Management and leadership Not assessed
7 Jan 2009	Unannounced	Care and support 4 - Good Environment 4 - Good Staffing 4 - Good Management and leadership 4 - Good

To find out more

This inspection report is published by the Care Inspectorate. You can download this report and others from our website.

Care services in Scotland cannot operate unless they are registered with the Care Inspectorate. We inspect, award grades and help services to improve. We also investigate complaints about care services and can take action when things aren't good enough.

Please get in touch with us if you would like more information or have any concerns about a care service.

You can also read more about our work online at www.careinspectorate.com

Contact us

Care Inspectorate
Compass House
11 Riverside Drive
Dundee
DD1 4NY

enquiries@careinspectorate.com

0345 600 9527

Find us on Facebook

Twitter: @careinspect

Other languages and formats

This report is available in other languages and formats on request.

Tha am foillseachadh seo ri fhaighinn ann an cruthannan is cànan eile ma nithear iartras.

অনুরোধসাপেক্ষে এই প্রকাশনাটি অন্য ফরম্যাট এবং অন্যান্য ভাষায় পাওয়া যায়।

یہ اشاعت درخواست کرنے پر دیگر شکلوں اور دیگر زبانوں میں فراہم کی جاسکتی ہے۔

ਬੇਨਤੀ 'ਤੇ ਇਹ ਪ੍ਰਕਾਸ਼ਨ ਹੋਰ ਰੂਪਾਂ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਉਪਲਬਧ ਹੈ।

هذه الوثيقة متوفرة بلغات ونماذج أخرى عند الطلب

本出版品有其他格式和其他語言備索。

Na życzenie niniejsza publikacja dostępna jest także w innych formatach oraz językach.